

HEALTH SERVICES FREQUENTLY ASKED QUESTIONS (SCHOLARS)



As the cases of the Coronavirus increases daily, Ivy Preparatory Academy continues to put the health of our scholars, staff and faculty at high priority. Many questions have been asked in regards to extended school closures. We have compiled a list of most commonly asked questions below.

What is coronavirus?

Coronavirus is a new kind of germ that we call a virus. There lots of different types of germs, like ones that give you a stomach ache or a runny nose. Coronavirus is a germ that causes a disease called COVID-19, which is sort of like the flu. Some people feel just a little sick. Other people cough, get a fever, or have a hard time breathing.

Why is everyone talking about it?

A lot of adults around the world have gotten sick from coronavirus. People are trying really hard to make sure no one else gets sick, so we're all talking about how to stay healthy.

Are kids getting sick too?

Only a few kids have gotten sick from coronavirus. They only had mild symptoms. For the most part, they just had to stay home from school to make sure they don't spread it to any of their friends or teachers.

Has anyone gotten really sick?

The people who get more sick from coronavirus are usually much older, or already have some problem with their health.

How does coronavirus spread?

It spreads the same way colds and flu spread. A person who is sick might cough or sneeze out tiny droplets that contain germs. If you are standing close or touch something that they coughed or sneezed on, their germs could get on you.

How does someone catch the coronavirus?

A person catches the coronavirus if the germs get on your face, in your mouth, in your eyes, or in your nose.

HEALTH SERVICES FREQUENTLY ASKED QUESTIONS (SCHOLARS)



How do I make sure I don't catch it?

By practicing healthy habits!

Make it a special mission to remember to wash your hands. Wash with soap and water after going to the bathroom, before eating, after blowing your nose, when you get home after being at school or your friend's house (just like you should be doing anyway!). Use soap and water, and keep scrubbing until you've counted to 20 or sung the "Happy Birthday" song twice.

Try to keep your hands busy and away from your mouth, eyes, and nose. Try reading a book, drawing, dancing or playing a game!

Stand far away from people who are coughing or sneezing.

If you need to sneeze or cough, use a tissue and then throw it in the trash (or if you don't have time to grab a tissue, sneeze or cough into your elbow).

Get a good night's sleep.

Why does everyone sound so worried?

It can be hard when a lot of adults are sick and have to stay home at the same time, since adults have a lot of responsibilities. (Think about if all the teachers at your school stayed home sick on the same day!)

Around here, only a couple people have gotten sick. But we want to keep it that way. So we're all going out of our way to remind each other to practice healthy habits, and thinking of new ways to keep people healthy.

What happens if I get coronavirus, or you or anyone else I know?

If anyone gets sick and worries they have the coronavirus, they can call their doctors right away for help. Then they'll probably take time off from school or work until they feel better, just like we normally do when we're sick.

Should I be scared?

No. Lots of doctors, scientists and other adults are working hard to keep everyone healthy, and we're taking all the right steps to keep everyone healthy. Plus, we're getting a lot of good practice at healthy habits, which protect us from all kinds of germs!

HEALTH SERVICES FREQUENTLY ASKED QUESTIONS (SCHOLARS)



How can I help?

You can be a good helper and citizen by doing two things. First, keep being a good hand washer and keep practicing those healthy habits! Second, you can also check in on people and cheer them up! If school is closed or someone is sick, ask your parents if you can call or video chat with your grandparents, cousins, aunts, uncles or friends to ask how they are doing and share a smile.

The Right Choice For Girls,

Ayrieka Charite LPN

School Nurse

1807 Memorial Drive | Atlanta GA 30317

Office: 404.622.2727 | www.IvyPrepAcademy.org